

Get It Done From Procrastination To Creative Genius In 15 Minutes A Day

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20/3/2014 · Author Sam Bennett offers extremely practical advice from her book Get it Done: From Procrastination to Creative Genius in 15 Minutes a Day. For more info vi...

Get It Done: From Procrastination to Creative Genius in 15 Minutes a Day Sam Bennett New World Library (March 2014) Softcover \$15.95 (272pp) 978-1-60868-210-2 What better place to start than with a book titled Get It Done? Sam Bennett, who runs a consultancy that helps creative people get “unstuck,” lays out an action plan replete with ...

Get this from a library! Get it done : from procrastination to creative genius in 15 minutes a day. [Sam Bennett] -- "'Organized" and "artist" don't usually go together. Creative types are more often seen as sensitive, melodramatic, eccentric, misunderstood, and the like. To labels like this, Sam Bennett says, ...

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"Get It Done, from Procrastination to Creative Genius in 15 Minutes a Day" is a book with suggestions, how-tos, and clever ideas to help anyone (but especially artists) choose their work, get their work done in a time frame (by working 15 concentrated minutes a day), and complete their work.

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21/7/2021 · "Get It Done, from Procrastination to Creative Genius in 15 Minutes a Day" is a book with suggestions Sam Bennett created the Organized Artist Company and she wrote a book that is part coaching, part time management, and part kick in the butt.

Read Book **Get It Done From Procrastination To Creative Genius In 15 Minutes A Day** psychology, science, self-help advice, and his own research, Dr. Piers Steel—internationally recognized as the foremost authority on procrastination—dispels the myths and misunderstandings of motivation, replacing them with a clear explanation of why we put off

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Bennett explains why "procrastination is genius in disguise" and then prescribes dozens of wonderfully revelatory exercises. From "My Heroes" lists to "Could Do" lists (because To-Do lists make Bennett belligerent) to recognizing who you should not talk to about your project and when research has created Analysis Paralysis, each of these actions requires only a 15-minute commitment.

From Procrastination to Creative Genius in 15 Minutes a Day ... You will easily ‘get it done’ with your focused genius and all that you’ll learn and experience in these pages and in your life. ... Are procrastination and perfectionism getting in the way of your sharing your creative gifts with the world?

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File Type PDF **Get It Done From Procrastination To Creative Genius In 15 Minutes A Day** accomplished, each shifts the reader's thinking and prompts the kind of insights that have the power to turn underperforming geniuses into accomplished artists"--Einfach liegen lassen Es gibt einfach nicht genug Zeit für alles auf unserer To-do-Liste.

26/2/2015 · In Get It Done: From Procrastination to Creative Genius in 15 Minutes a Day, author Sam Bennett talks about putting that nagging voice to rest once and for all and clearing the way to finishing those creative projects.

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