

# Moon Time Guide Celebrating Menstrual

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Moon Time is a book of empowerment to help you to find healing and learn to celebrate yourself as a woman. Personal, wise, gently humorous, warm and welcoming, it opens a dialogue on what is often a taboo subject:menstruation. If you are looking for... - deeper harmony with yourself and your menstrual cycle; - natural ways of dealing with PMS;

This item: Moon Time: Harness the ever-changing energy of your menstrual cycle by Lucy H. Pearce Paperback \$15.19 Available to ship in 1-2 days. Ships from and sold by Amazon.com. Moon Time: Harness the ever-changing energy of your ... Moon Time is a well needed resource book covering a wide range of important ways to respect our blood cycles wisely.

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