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Try scheduling sex dates for six months or so, sex therapists advise. If that's not working, renegotiate. 5) Stick to your "encounter calendar" in good faith. Don't bicker about your compromise schedule. Higher-desire folks must not whine for more sex. Lower-desire partners must not cancel sex dates — or postpone them unreasonably. 6) Cuddle up.

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Some men will shrink back from the risk of asking for sex (and it IS a risk for him) if the emotional temperature between you is chilly. Being assured that you love him makes you more appealing to your husband. Your part: be sure he knows you love him unconditionally, using HIS love language. 2.

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8/7/2013 · Hello, I am not sure if my case apply to this, but, for example last night my husband and I were planning to have a romantic night, we have two children under age of 2, so I took a nap to be more relax for our night, when I wake up my husband have bath the babies, but then he start yelling at me and because he was stress for taking care of our children for an hour and saying that he was doing ...

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